

MARCH 2024



Belmont -Harrison Career Centers



LUNCH



School Information: *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU SUBJECT TO CHANGE WITHOUT NOTICE.*



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY



**CHICKEN PATTY
SANDWICH
GREEN BEANS
FRUIT
MILK**

4

TUESDAY



**TACO WRAP
CORN,
REFRIED BEANS
FRUIT MILK**

5

WEDNESDAY



**SPAGHETTI
SIDE SALADS
FRUIT
MILK**

6

THURSDAY



**BBQ PORK
SANDWICH
BAKED BEANS,
COLESLAW
FRUIT, MILK**

7

FRIDAY

**PARENT -TEACHER
CONFERENCES
NO CLASSES**

1

**CHEESEBURGER
GREEN BEANS
FRUIT
MILK**

11

**FAHITA CHICKEN
WRAP
CORN,
REFRIED BEANS
FRUIT MILK**

12

**BAKED POTATO BAR
(Taco meat or chicken
with various veggies)
FRUIT
MILK**

13

**PHILLY CHEESESTEAK
SUB
PIEROGIES
CARROT STICKS
FRUIT, MILK**

14

**PIZZA
CALIFORNIA BLEND
FRUIT
MILK**

15

**PEPPERONI PIZZA
GRILLED CHEESE
SANDWICH
GREEN BEANS
FRUIT, MILK**

18

**TACO IN A BAG
CORN
REFRIED BEANS
FRUIT
MILK**

19

**POPCORN CHICKEN
BOWLS
ROLL
FRUIT
MILK**

20

**CHILI
CORNBREAD
CARROT STICKS &
DIP
FRUIT, MILK**

21

**CALZONES
BROCCOLI AND
CHEESEFRUIT
MILK**

22

**CHICKA BOOM BOOM
SANDWICH
CARROT STICKS AND
DIP
FRUIT , MILK**

25

**FIESTA PIZZA
FLAVA BEANS
CORN
FRUIT
MILK**

26

**LASAGNA ROLL UPS
VEGETABLE (COOK'S
CHOICE)
ROLL
FRUIT, MILK**

27



SPRING BREAK!

29