

JANUARY 2024

Belmont -Harrison Career Centers

LUNCH



School Information THIS INSTITUTION IS
AN EQUAL OPPORTUNITY PROVIDER.
MENU SUBJECT TO CHANGE WITHOUT
NOTICE



Nutrition Tip: Help with food waste by getting creative with leftovers
and planning meals around the food you already have on hand.

Reference: Eat Right

MONDAY

NO SCHOOL

1

TUESDAY

HCC
CHICKEN NOODLE
SOUP
GRILLED CHEESE
CARROTS,
FRUIT,MILK

2

WEDNESDAY

SPAGHETTI
SIDE SALAD
(HCC-GREEN BEANS)
FRUIT
MILK

3

THURSDAY

CHICKEN PATTY
SANDWICH
PARSLEY POTATOES
FRUIT
MILK

4

FRIDAY

PIZZA
BROCCOLI AND
CHEESE
FRUIT
MILK

5

CHEESEBURGERS
GREEN BEANS
FRUIT
MILK

8

TACO WRAP
CORN,
REFRIED BEANS
FRUIT MILK

9

CHILI
CORNBREAD
CARROT STICKS &
DIP
FRUIT, MILK

10

SMOKEHOUSE BBQ
PORK SANDWICH
COLE SLAW
BAKED BEANS
FRUIT, MILK

11

CALZONES
CALIFORNIA BLEND
FRUIT
MILK

12

MARTIN LUTHER
KING DAY
NO SCHOOL

15

QUESADILLA
CORN,
REFRIED BEANS
FRUIT MILK

16

LASAGNA ROLL UPS
SIDE SALADS
ROLL
FRUIT
MILK

17

PHILLY CHEESE STEAK
SUB
PIEROGIES
FRUIT
MILK

18

BREAD STICKS
BROCCOLI AND
CHEESE
FRUIT
MILK

19

RODEO BURGER
ONION RINGS
CARROT STICKS &
DIP
FRUIT, MILK

22

FAHITA CHICKEN
WRAP
CORN,
REFRIED BEANS
FRUIT MILK

23

CHICKEN ALFREDO
PEAS
FRUIT
MILK

24

MEAT BALL SUBS
POTATO SALAD
FRUIT
MILK

25

PIZZA
CALIFORNIA BLEND
FRUIT
MILK

26

CHICKA BOOM BOOM
SANDWICH
CARROTS
FRUIT
MILK

29

TACO IN A BAG
CORN
REFRIED BEANS
FRUIT
MILK

30

POPCORN CHICKEN
BOWLS
ROLL
FRUIT
MILK

31

